

**B R E A K F A S T I S S E R V E D**

**Huevos Rancheros with Breakfast Potatoes**

10.90

corn tortillas piled high with black beans, red salsa Colorado, 2 fried eggs

and topped with cheddar

**Egg Burrito**

11.35

12" flour tortilla filled with scrambled eggs, black beans, cheddar, pico and roasted veggie salsa. served with breakfast potatoes

**Cowgirl Omelet with Salad, Texas Toast and Breakfast Potatoes**

11.35

choose 3: cheddar, jack, bacon, ham, onions, mushrooms, tomatoes or avocado

**2 Eggs/Eggs plus Meat - both served with breakfast potatoes**

7.35/9.35

bacon, ham or chicken sausage (1)

**Texas Crazy Mix-Up with Breakfast Potatoes and Texas Toast**

9.90

three scrambled eggs with pepper jack cheese, tomatoes, bacon, grilled onions

and green chiles

**Cowgirl Omelet with Salad, Breakfast Potatoes and Texas Toast**

11.35

choose 3 fillings: cheddar, jack, pepper jack, bleu, fontina, bacon, ham, onions, mushrooms, tomatoes, avocado , green chiles

**M O R N I N G H A N D H E L D S**

**Breakfast BLT**

7.90

bacon, lettuce, tomato & mayo served on Texas toast with breakfast potatoe with avocado or one egg or both

9.35/9.90

**Egg Sandwich on a brioche roll with breakfast potatoes**

6.65

cheese: cheddar, jack, pepper jack or fontina

7.90

meat: bacon, ham, or chicken sausage

8.90

with cheese & meat

9.90

**S N A C K S**

**Soup of the Day**

p/a

**Guacamole and Chips**

8.15

**Chips and Black-Eyed Pea Salsa**

4.15

**Black and White Nachos or Chicken Nachos**

10.90/12.90

homemade tortilla chips topped with black beans, jack, sour cream, pico de gallo and sliced jalapeños

**Frito Pie** a Texas tradition! a bag of Fritos® with your choice of beef chile

or veggie chili,. topped with cheddar, onions, sour cream and jalapeños

8.35/9.90

**BBQ Chicken Wings** choose large (20) or small (10)

17.35/10.35

served with a creamy citrus dip, carrot sticks and blue cheese dressing

**Texas Onion Rings**

7.90

sliced onions lightly battered and fried

9.35

**Chimayo Chicken Skewers**

served with a honey-dijon dipping sauce

**Sweet Potato Fries**

8.15

**C O W G I R L E N C H I L A D A S**

12.15

**Pulled Chicken, Cheese, or Veggie Combo** choose 2

2 corn tortillas with your choice of filling smothered in our red salsa Colorado

and topped with cheese served with black beans, rice and sour cream

**F R O M T H E S A L A D B O W L**

cilantro vinaigrette, ranch, bleu, balsamic vinaigrette, lemon poppy

**House Field Greens**

7.15

a mesclun mix topped with carrots, tomato, radish, cucumbers and peppers

**Grilled Chicken Chimayo Salad**

12.90

marinated breast o' chicken loungin' on top an extra big field greens salad

**Grilled Vegetable Salad**

11.35

chopped grilled seasonal veggies served on top an extra big field greens salad

**Southern Caesar or Caesar with Grilled Chicken**

10.35/12.90

with sweet roasted corn and diced red pepper topped with parmesan croutons

**Fried Catfish Salad**

13.35

catfish strips fried in cracker meal loungin' on top an extra big field green salad

**All Chopped Up**

crisp romaine chopped with marinated chicken, bacon, avocado, scallions, tomatoes, jack cheese, sliced green apple and pecans. Tossed in lemon poppy

seed vinaigrette 13.35

without chicken and bacon

11.35

**B E T W E E N T H E B R E A D**

all sandwiches served with fries, slaw, lettuce, tomato, onion and pickle. American, Jack, cheddar, bleu, bacon, grilled onions, sautéed mushrooms, fried egg \$2.00 ea.

Guacamole, avocado \$2.50. Beef brisket chile \$3.50, veggie chile \$2.75

**BBQ Chicken in a Bun**

10.90

grilled breast brushed with our bbq sauce

**BBQ Beef on a Bun** (certified Angus beef brisket)

11.65

our "in house" smoked brisket smothered in our home made bbq sauce

**Papa Joel's Pulled Pork Sandwich**

10.90

pulled and marinated in our tangy vinegared sauce

**Cowgirl Burger** choose Free-Range Turkey or Angus Beef

11.15

one half-pounder grilled the way you like it

**Catfish Po' Boy**

10.90

cracker-fried or blackened on a roll with jalapeño tartar sauce

**Garden Veggie Burger**

10.90

loaded with a combination of fresh veggies mixed with black beans

**F A V O R I T E S**

**Cowtown Quesadillas** choose black bean or chicken

10.15/11.90

filled with salsa Colorado, jack cheese. w/ guacamole, sour cream and pico

**Chicken Fried Chicken or Chicken Fried Steak**

12.90/15.35

our #1 seller!! a boneless breast or pounded steak that's batter-fried and

opped with our cream gravy - served with mashed potatoes and veggie  
 Branding Iron ½ BBQ Chicken 13.35  
 served with mashed potatoes, bbq beans and slaw  
 Macaroni and Cheese with Side Field Green Salad 11.90  
 Texas Veggie Trio 11.90  
 a bowl of veggie chili, side salad, baked potato and cornbread  
 served with sour cream, jack and pico de gallo on the side  
 Chuckwagon Chili Veggie or Certified Angus Beef 10.90/12.35  
 cheddar, onions, sour cream and jalapeños, served with warm cornbread

**C O W G I R L R O U N D - U P S**

Fillings in a flour tortilla or on a rustic hero. served with  
 fries and slaw  
 Filly Cheese Steak and Jack 12.35 Blackened Chicken Breast 11.35  
 with a horseradish sauce a roasted red pepper &  
 garlic mayo  
 Turkey Club 11.35 BLT with Avocado 11.35  
 bacon, jack, l & t, basil mayo with chipotle mayo  
 Farmgirl's Garden Veggie Wrap seasonal vegetables, lettuce, chipotle  
 mayo 10.35

**L U N C H B A S K E T** Sall baskets served with fries and slaw

Corn Dogs you get 2 served with mustard and catsup 9.35  
 Cornmeal Catfish Fingers served with jalapeno tartar sauce 9.65  
 Chicken Fried Chicken Fingers cracker meal fried served w/ cream gravy 9.35  
 Chicken Fried Steak Fingers cracker meal fried served w/ cream gravy 9.90

**S I D E S**

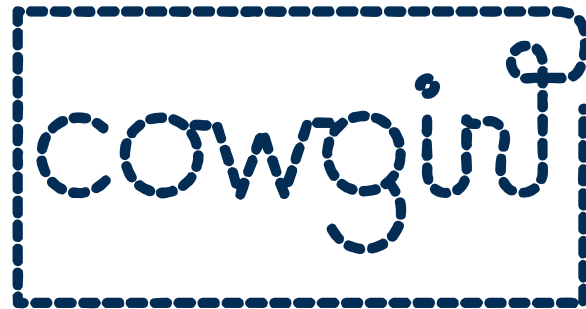
Mashed Potatoes 3.45	3.70	Collard Greens
Black Beans 4.35	3.45	French Fries
Coleslaw 3.70	3.20	Veggie of the Day
Cornbread 3.70	2.70	Bacon, Ham, Chicken Sausage
Corn on the Cob 6.65	3.45	Bowl of Veggie Chili w/ fixins
Pulled Pork 7.65	6.70	Bowl of Beef Chili w/fixins
BBQ Beef (certified Angus) 1.95	7.45	Flour or Corn Tortillas
Mac and Cheese 2.00	5.70	Jack, Cheddar or Bleu Cheese
Sour Cream or Pico de Gallo fixins 6.35	1.50	Baked Spud with all the

**D E S S E R T** all pies served with homemade fresh whipped cream

Blueberry Peach Cobbler 6.90  
 Brownie 4.20

Pecan Pie 6.15  
 Key Lime Pie 6.15  
 Ala Mode (Ronnybrook Farm chocolate or vanilla) 2.35  
 Cowgirl's Original Ice Cream Baked Potato 7.35  
**D R I N K S**  
 Lemonade (32oz) 4.50 Strawberry Lemonade (32oz) 4.95 Iced Tea (32oz) 4.00  
 Bottled Sodas: Birch Beer, Cream, Orange, Ginger Beer 3.50  
 Can Soda: Coke, Diet Coke, 7UP or Dr. Pepper 1.50

There is a 10% service charge on delivery orders over \$40.00.  
 Prices reflect a charge for packaging.  
 We accept Cash, Amex, Visa and Master Card.  
 Minimum delivery order is \$10.00.  
 We go up to 16<sup>th</sup> Street and down to Houston. We go from West Street to 6<sup>th</sup> Avenue.  
 We will go beyond delivery area at manager's discretion and at additional charge.  
 Please tip on good service.  
 Prices subject to change.  
 Fall 2009



**519 HUDSON STREET @ WEST 10<sup>TH</sup>**  
**212.633.1133**

**WWW.COWGIRLNYC.COM**

**L U N C H**

**MONDAY - FRIDAY 11 AM - 4PM**